

HWS Solution

$$2.A. \psi_R = \begin{pmatrix} e^{-i\omega t/2} & 0 \\ 0 & e^{i\omega t/2} \end{pmatrix} \psi \equiv U \psi$$

$$\Rightarrow i\hbar \partial_t U^{-1} \psi_R = H U^{-1} \psi_R$$

$$\text{Note that } U \partial_t U^{-1} = U(-i \frac{\omega}{2} \sigma_z U^{-1} + U^{-1} \partial_t) = i \frac{\omega}{2} \sigma_z + \partial_t$$

$$\Rightarrow i\hbar \partial_t \psi_R = U(H - \frac{\hbar\omega}{2} \sigma_z) U^{-1} \psi_R \equiv H_R \psi_R$$

$$\begin{aligned} \Rightarrow H_R &= U \left[ \frac{\hbar\omega_0}{2} \sigma_z + \frac{\hbar\Omega}{2} \sigma_x (e^{i\omega t} + e^{-i\omega t}) - \frac{\hbar\omega}{2} \sigma_z \right] U^{-1} \\ &= \frac{\hbar}{2} \left[ (\omega_0 - \omega) \sigma_z + \Omega (e^{i\omega t} + e^{-i\omega t}) e^{-i\omega t} \sigma_x \right] \\ &\approx \frac{\hbar}{2} (-\Delta \sigma_z + \Omega \sigma_x), \text{ ignoring the counter rotating term: } e^{-2i\omega t} \end{aligned}$$

$$B. i\hbar \dot{\rho} = [H, \rho]. \quad \rho_{ij} = \langle i | \psi_R \rangle \langle \psi_R | j \rangle$$

$$= \frac{\hbar}{2} (-\Delta [\sigma_z, \rho] + \Omega [\sigma_x, \rho])$$

$$[\sigma_z, \rho] = \begin{bmatrix} 1 & 0 \\ 0 & -1 \end{bmatrix} \begin{bmatrix} \rho_{11} & \rho_{12} \\ \rho_{21} & \rho_{22} \end{bmatrix} - \begin{bmatrix} \rho_{11} & \rho_{12} \\ \rho_{21} & \rho_{22} \end{bmatrix} \begin{bmatrix} 1 & 0 \\ 0 & -1 \end{bmatrix} = \begin{bmatrix} \rho_{11} & \rho_{12} \\ -\rho_{21} & -\rho_{22} \end{bmatrix} - \begin{bmatrix} \rho_{11} - \rho_{12} \\ \rho_{21} - \rho_{22} \end{bmatrix} = -2 \begin{bmatrix} 0 & \rho_{12} \\ \rho_{21} & 0 \end{bmatrix}$$

$$[\sigma_x, \rho] = \begin{bmatrix} \rho_{21} & \rho_{12} \\ \rho_{11} & \rho_{22} \end{bmatrix} - \begin{bmatrix} \rho_{12} & \rho_{11} \\ \rho_{22} & \rho_{21} \end{bmatrix} = \begin{bmatrix} \rho_{21} - \rho_{12} & \rho_{22} - \rho_{11} \\ \rho_{11} - \rho_{22} & \rho_{22} - \rho_{21} \end{bmatrix}$$

$$\Rightarrow i \begin{bmatrix} \dot{\rho}_{11} & \dot{\rho}_{12} \\ \dot{\rho}_{21} & \dot{\rho}_{22} \end{bmatrix} = \begin{bmatrix} \frac{\Omega}{2}(\rho_{21} - \rho_{12}) & \rho_{12} \Delta + \frac{\Omega}{2}(\rho_{22} - \rho_{11}) \\ \rho_{21} \Delta + \frac{\Omega}{2}(\rho_{11} - \rho_{22}) & \frac{\Omega}{2}(\rho_{12} - \rho_{21}) \end{bmatrix}$$

C. We need  $\Delta = 0$  and thus

$$i \dot{\rho}_{11} = \frac{\Omega}{2}(\rho_{21} - \rho_{12}) \quad i(\rho_{21} - \rho_{12}) = \Omega(\rho_{11} - \rho_{22})$$

$$\Rightarrow -\dot{\rho}_{11} = \frac{\Omega}{2} \Omega (2\rho_{11} - 1) = \Omega^2 (\rho_{11} - \frac{1}{2})$$

$$\Rightarrow \rho_{11} \text{ oscillates as } \cos \Omega t \Rightarrow \Omega t_{\pi} = \pi.$$

$$D. \begin{aligned} \rho_{11} &= i \frac{\Omega}{2} (\rho_{12} - \rho_{21}) - \mathcal{P} \rho_{11} \\ \rho_{12} &= -i \Delta \rho_{12} + i \frac{\Omega}{2} (\rho_{11} - \rho_{22}) - \frac{\mathcal{P}}{2} \rho_{12} \end{aligned} \Rightarrow \begin{aligned} \rho_{11} &= \frac{i\Omega}{2\mathcal{P}} (\rho_{12} - \rho_{21}) \\ (i\Delta + \mathcal{P}/2) \rho_{12} &= i \frac{\Omega}{2} (\rho_{11} - \rho_{22}) \\ (-i\Delta + \mathcal{P}/2) \rho_{21} &= -i \frac{\Omega}{2} (\rho_{11} - \rho_{22}) \end{aligned}$$

$$\Rightarrow \begin{aligned} (\Delta^2 + \mathcal{P}^2/4) \rho_{12} &= i \frac{\Omega}{2} (\rho_{11} - \rho_{22}) (-i\Delta + \mathcal{P}/2) \\ (\Delta^2 + \mathcal{P}^2/4) \rho_{21} &= -i \frac{\Omega}{2} (\rho_{11} - \rho_{22}) (i\Delta + \mathcal{P}/2) \end{aligned} \Rightarrow \rho_{12} - \rho_{21} = (\Delta^2 + \mathcal{P}^2/4)^{-1} \frac{\Omega}{2} (\rho_{11} - \rho_{22}) i \mathcal{P}$$

$$\begin{aligned} \Rightarrow \rho_{11} &= \frac{(\frac{\Omega}{2})^2 (\Delta^2 + \mathcal{P}^2/4)^{-1} (1 - 2\rho_{11})}{2\Omega^2/\mathcal{P}^2} = \frac{\frac{1}{2} \frac{\Omega^2}{2} (\Delta^2 + \mathcal{P}^2/4)^{-1}}{1 + \frac{\Omega^2}{2} (\Delta^2 + \mathcal{P}^2/4)^{-1}} = \frac{1}{2} \frac{\Omega^2/2}{-\Omega^2/2 + \Delta^2 + \mathcal{P}^2/4} \\ &= \frac{1}{2} \frac{2\Omega^2/\mathcal{P}^2}{1 + 4\Delta^2/\mathcal{P}^2 + 2\Omega^2/\mathcal{P}^2} = \frac{1}{2} \frac{\mathcal{P}}{1 + \mathcal{P}} \end{aligned}$$

E. Scattering rate  $S = \Gamma \rho_{11}$ ,  $\sigma = sh\omega/I$

F. Max  $\sigma$  is reached in the limit of low intensity and  $\Delta = 0 \Rightarrow$

$$\sigma_m = \frac{3}{2} \frac{h\omega}{I} = \frac{3}{2} \frac{h\omega \Gamma}{I} \Rightarrow I_s = \frac{h\omega \Gamma}{2} \frac{2\pi \omega^4}{3c^2} = \frac{\pi \Gamma h \omega^3}{3 c^2}$$

The  $\omega^3$  dependence is an important result of Rayleigh scattering, and sky is blue.

G. A more rigorous approach is to solve the optical Bloch Eqn.

We may also just estimate from perturbation

$$\rho_{11} = \frac{1}{2} [1 - \cos \Omega t]$$

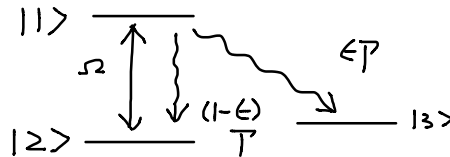
When  $\Omega t$  reaches  $\pi$ ,  $\langle \rho_{11}(\frac{\pi}{\Omega}) \rangle = \frac{1}{2}$  and we may estimate a fraction of  $e^{-\Gamma \frac{\pi}{\Omega}}$

will decay. Thus we have  $\frac{1}{2} e^{-\Gamma \pi / \Omega} \leq \frac{1}{10} \Rightarrow \Omega \geq \frac{\Gamma \pi}{\ln 5}$

$$I/I_s = 2 \Omega^2 / \Gamma^2 > 2 \left(\frac{\pi}{\ln 5}\right)^2 \Rightarrow I > 2 \left(\frac{\pi}{\ln 5}\right)^2 I_{sat} = 2 \left(\frac{\pi}{\ln 5}\right)^2 \frac{\pi}{3} \frac{\Gamma h \omega^3}{c^2}$$

3. Optical pumping

$$H_R = \frac{h}{2} [-\Delta \sigma_z + \Omega \sigma_x] \oplus E_3$$



Since no radiative coupling between  $1 \leftrightarrow 3$  &  $2 \leftrightarrow 3$ , we can use the result from 2.

$$\dot{\rho}_{11} = i \frac{R}{2} (\rho_{12} - \rho_{21}) - \Gamma \rho_{11}$$

$$\dot{\rho}_{12} = -i \Delta \rho_{12} + i \frac{R}{2} (\rho_{11} - \rho_{22}) - \frac{\Gamma}{2} (1-E) \rho_{12}$$

$$\dot{\rho}_{33} = \Gamma E \rho_{11}$$

The decay terms are added by hand.

$$\text{For } E \ll 1, \text{ we can use the result from 2. } \frac{\rho_{11}}{\rho_{11} + \rho_{22}} = \frac{1}{2} \frac{P}{1+P} \Rightarrow \rho_{11} = (1 - \rho_{33}) \frac{1}{2} \frac{P}{1+P}$$

$$\Rightarrow \rho_{33} = \Gamma E (1 - \rho_{33}) \frac{P}{2(1+P)} \equiv A (1 - \rho_{33})$$

$$\Rightarrow \rho_{33} = (1 - e^{-At}) \Rightarrow t_{1/2} = \frac{2 \ln 2 (1+P)}{E P} \Gamma^{-1}$$

$$4. i\partial_t = -\frac{\Delta}{2}\sigma_z + \frac{\Omega}{2}\sigma_x$$

$$A. \vec{v} = \text{tr}[\vec{\sigma}\rho] \Rightarrow v_x = \text{tr}\begin{bmatrix} \rho_{21} & \rho_{22} \\ \rho_{11} & \rho_{12} \end{bmatrix} = \rho_{21} + \rho_{12}, v_y = \text{tr}\begin{bmatrix} i\rho_{21} & i\rho_{22} \\ -i\rho_{11} & -i\rho_{12} \end{bmatrix} = i(\rho_{21} - \rho_{12}), v_z = \rho_{11} - \rho_{22}$$

$$\vec{v} \cdot \vec{\sigma} = v_x\sigma_x + v_y\sigma_y + v_z\sigma_z = \begin{bmatrix} \rho_{11} - \rho_{22} & 2\rho_{12} \\ 2\rho_{21} & \rho_{22} - \rho_{11} \end{bmatrix} = 2 \underbrace{\begin{bmatrix} \rho_{11} & \rho_{12} \\ \rho_{21} & \rho_{22} \end{bmatrix}}_{\rho_{ij}} - 1$$

$$\Rightarrow \rho = \frac{1}{2}(1 + \vec{v} \cdot \vec{\sigma})$$

$$B. i\partial_t \vec{\sigma} = [\vec{\sigma}, H] = -\frac{\Delta}{2}[\vec{\sigma}, \sigma_z] + \frac{\Omega}{2}[\vec{\sigma}, \sigma_x]$$

$$= -\Delta(-i\sigma_y, i\sigma_x, 0) + \Omega(0, -i\sigma_z, i\sigma_y)$$

$$\Rightarrow \partial_t \vec{\sigma} = (\Delta\sigma_y, -\Delta\sigma_x - \Omega\sigma_z, \Omega\sigma_y) = (\Omega, 0, -\Delta) \times \vec{\sigma} \equiv \vec{\omega} \times \vec{\sigma}$$

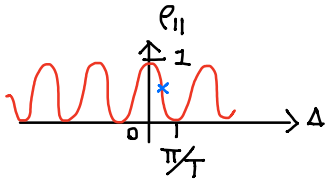
$$C. \text{Step 1: } \vec{v} = (0, 0, -1)$$

$$\text{Step 2: rotate } \pi/2 \text{ along } (1, 0, 0) \text{ gives } \vec{v} = (0, 1, 0)$$

$$\text{Step 3: rotate along } (0, 0, -\Delta) \text{ gives } \vec{v} = (\sin \Delta T, \cos \Delta T, 0)$$

$$\text{Step 4: rotate } \pi/2 \text{ along } (1, 0, 0) \text{ gives } \vec{v} = (\sin \Delta T, 0, \cos \Delta T)$$

$$\text{Final } v_z = \cos \Delta T = \rho_{11} - \rho_{22} \Rightarrow \rho_{11} = \frac{1}{2}(1 + \cos \Delta T)$$



d. We may set  $\Delta = \pi/2 T$  and thus  $\vec{v} = (1, 0, 0)$ . Each atom will give  $\rho_{11} = 0$  or  $1$ .

$N$  atoms offer  $N$  indep. measurements, yielding an uncertainty of the mean estimator  $\sum \rho_i / N$  of

$$\frac{1}{2\sqrt{N}}. \quad \text{The system has a sensitivity to freq drift of } \frac{\delta \rho}{\delta \Delta} = \frac{T}{2} = \frac{1/2 TN}{\delta \omega} \Rightarrow$$

freq sensitivity is  $\delta \omega = \frac{c}{T\sqrt{N}}$ , where  $c = 1$ .