



Energy splitting can be compared to

$$\text{generalized Rabi freq } \Omega_R = \sqrt{\Delta^2 + \omega^2}$$

$$\Rightarrow \text{Rabi freq } \Omega = \frac{1}{\hbar} \langle e | d \cdot E | g \rangle \equiv \frac{\tilde{d} E}{\hbar} = \sqrt{n} g$$

How is n related to E ?

$$\begin{array}{l} \text{Total energy} = n \hbar \omega = \text{energy density} \cdot V \\ \text{Volume } V = (\epsilon_0 E^2 / 2) V \end{array}$$

$$\Rightarrow n = \frac{\epsilon_0 E^2 V}{2 \hbar \omega} \Rightarrow \hbar g = \frac{\tilde{d} E}{E} \sqrt{\frac{2 \hbar \omega}{\epsilon_0 V}} = \frac{\tilde{d} E}{E}$$

$|e,0\rangle$ couples to $|g,1\rangle$ with matrix element $\langle g|V|e\rangle = \frac{1}{2}\hbar g = \frac{1}{2}\tilde{d}E$

In reality $|e,0\rangle$ couples to all modes with the same frequency ω vacuum fluctuation

$$\begin{aligned} \text{Fermi's golden rule gives } P_{ge} &= \frac{2\pi}{\hbar} |\langle g|V|e\rangle|^2 \rho(E) && \text{density of state} \\ &= \frac{2\pi}{\hbar} \frac{1}{4} \tilde{d}^2 \frac{2\hbar\omega}{\epsilon_0 V} \frac{V\omega^2}{\hbar\pi^2 c^3} \\ &= \frac{\langle d \rangle^2 \omega^3}{3\pi \epsilon_0 \hbar c^3} && \text{note } \omega^3 \text{ dependence } \xrightarrow{d \propto E} \quad \tilde{d}^2 = \langle d \rangle^2 / 3 \end{aligned}$$

$E = \sqrt{2\hbar\omega/\epsilon_0 V}$ is the field of the ground state of the photon field
It leads to spontaneous emission and couples to all modes equally.

Einstein A, B coefficients.

A

spontaneous emission

B ↑ ↓ B

stimulated absorption
stimulated emission

$$\begin{aligned} \dot{N}_e &= -A N_e & N_e &= B_{ge} N_g E - B_{eg} N_e E \\ &= -\dot{N}_g & &= -\dot{N}_g \end{aligned}$$

⇒ from the above calculation
we easily conclude $B_{ge} = B_{eg}$
 $A = B \cdot 8\pi h \nu^3 / C^3$

which Einstein derived from thermodynamics.

